

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Girls 100 Meter Dash Varsity**

Name	Year	School	Finals	Wind	H#
Finals					
1 Bliven, Alexis		Holdrege	12.81	5.9	2
2 McGowan, Chaylyn		Holdrege	13.30	5.9	2 13.292
3 Rowe, Mia		Lexington	13.30	5.9	2 13.298
4 Sickels, Paige		Cambridge	13.57	5.9	2
5 Castaneda, Priscilla		Lexington	13.77	5.1	1
6 Elliott, McCartney		Holdrege	13.81	5.9	2
7 Jones, Brooklynn		Colby	13.85	5.9	2
8 Bair, Xyzanthia		McCook	13.91	5.9	2
9 Boner, Abigail [abby]		McCook	14.05	5.1	1
10 Russell, Brianna		Southern Val	14.43	5.9	2
11 Parada, Jassmin		Lexington	14.74	5.1	1
12 Hammond, Bregan		Southern Val	15.73	5.1	1

Girls 200 Meter Dash Varsity

Name	Year	School	Finals	Wind	H#
1 Wilkinson, Shawna		McCook	26.14	3.5	2
2 Bliven, Alexis		Holdrege	26.21	3.5	2
3 Green, Reanna		Hays	27.29	3.5	1
4 McGrath, Lilian		Hays	27.96	3.5	1
5 Kent, Jalen		Cambridge	28.20	3.5	2
6 Sickels, Paige		Cambridge	28.20	3.5	2
7 Hurlbert, Avery		Holdrege	28.24	3.5	2
8 Ford, Ella		Lexington	28.43	3.5	1
9 Bair, Xyzanthia		McCook	28.84	3.5	1
10 Kuecker, Reese		Lexington	29.02	3.5	2
11 Castaneda, Priscilla		Lexington	29.06	3.5	1
12 Wells, Ava		Holdrege	29.45	3.5	1
13 Jones, Brooklynn		Colby	29.46	3.5	2
14 Elizabeth, Meyers		Southern Val	30.78	3.5	2
15 Klumpe, Paige		Cambridge	32.28	3.5	1
16 Mesinger, Samantha		McCook	32.82	3.5	1

Girls 400 Meter Dash Varsity

Name	Year	School	Finals	H#
1 Wilkinson, Shawna		McCook	1:01.15	2
2 Quinn, Brianna		Southern Val	1:03.29	2
3 Barrios, Kayla		Lexington	1:04.45	2
4 Hurlbert, Avery		Holdrege	1:04.93	2
5 Chavez, Kathie		Colby	1:07.08	1
6 Jaeger, Amelia		Hays	1:08.30	2
7 Haines, Liah		Lexington	1:11.01	2
8 Boner, Abigail [abby]		McCook	1:11.17	1
9 Wells, Ava		Holdrege	1:11.49	2
10 Sutton, Kalli		Lexington	1:12.57	1
11 Wilkinson, Shayli		McCook	1:13.67	1
12 Downer, Leah		Cambridge	1:13.77	1
13 Jewett, Kaitlyn		Holdrege	1:14.70	1
14 Vesper, Samantha		Hays	1:16.59	2

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Girls 800 Meter Run Varsity**

Name	Year School	Finals
1 Quinn, Brianna	Southern Val	2:35.88
2 Renner, Isabella [izzy]	McCook	2:43.98
3 Spencer, Leah	McCook	2:44.05
4 Belgum, Megan	Holdrege	2:45.25
5 Cates, Laurel	Colby	2:48.12
6 Weides, Lorna	Holdrege	2:48.95
7 Shippy, Claire	Hays	2:56.78
8 Koeppen, Kori	Cambridge	2:57.24
9 Downer, Leah	Cambridge	3:03.83
10 Watson, Jaycine	Hays	3:07.07
11 Arevalo, Nineht	Lexington	3:16.44

Girls 1600 Meter Run Varsity

Name	Year School	Finals
1 Murdock, Lara	Colby	5:37.72
2 Rodewald, Samantha	McCook	5:39.00
3 Biltoft, Lacy	Holdrege	5:56.58
4 Cappel, Grace	McCook	6:01.89
5 Jaeger, Amelia	Hays	6:14.15
6 Ureste, Kennadi	Lexington	6:17.28
7 Kinderknecht, Brynn	Hays	6:30.52
8 Albers, Brenlynn	Hays	6:38.37
9 Koeppen, Kori	Cambridge	6:46.62
10 Ureste, McKinley	Lexington	7:03.22
11 Espinosa, Dulce	Lexington	7:09.46
12 tenBensel, Megan	Cambridge	7:13.26
13 Nielson, Abigail	McCook	7:28.19
14 Hixon, Sandra	McCook	x7:30.80

Girls 3200 Meter Run Varsity

Name	Year School	Finals
1 Murdock, Lara	Colby	12:17.04
2 Ureste, Kennadi	Lexington	13:13.11
3 Albers, Brenlynn	Hays	13:42.09
4 Kinderknecht, Brynn	Hays	13:45.24
5 Dotts, Landri	Hays	13:56.34
6 Metcalf, Seanna	Colby	14:06.21
7 Deterding, Brenna	Cambridge	14:44.66
8 tenBensel, Megan	Cambridge	15:06.71
9 Espinoza, Dulce	Lexington	15:26.10

Girls 100 Meter Hurdles Varsity

Name	Year School	Finals	Wind
1 Dutton, Emma	McCook	16.91	5.6
2 Treffer, Sarah	Lexington	17.68	5.6
3 Lewallen, Brooklyn	Hays	17.78	5.6
4 Deterding, Autumn	Cambridge	17.98	5.6

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****....Girls 100 Meter Hurdles Varsity**

5 Taylor, Ainsley M	McCook	18.08	5.6
6 Swearingen, Hanna	Holdrege	19.52	5.6
7 Kent, Jacey	Cambridge	21.68	5.6

Girls 300 Meter Hurdles Varsity

Name	Year School	Finals
1 Schaffer, Brooklyn	Hays	48.63
2 Dutton, Emma	McCook	50.61
3 Lewallen, Brooklyn	Hays	51.61
4 Fulmer, MaKenna	Holdrege	51.75
5 Ostrom, Jackie	Lexington	52.49
6 Taylor, Ainsley M	McCook	54.11
7 Kent, Jacey	Cambridge	56.65
8 Treffer, Sarah	Lexington	57.36

Girls 4x100 Meter Relay Varsity

School	Finals
1 Hays 'A'	51.91
1) Dotts, Landri	2) Schaffer, Brooklyn
3) Dinkel, Kacy	4) Green, Reanna
2 Lexington 'A'	53.79
1) Ostrom, Jackie	2) Rowe, Mia
3) Treffer, Sarah	4) Barrios, Kayla
3 Holdrege 'A'	53.97
1) Elliott, McCartney	2) Fulmer, MaKenna
3) Medina, Bradie	4) McGowan, Chaylyn
4 Colby 'A'	56.28
1) Schroeder, Danielle	2) Jones, Brooklynn
3) Hamilton, Mia	4) Denny, Lakin
5 McCook 'A'	56.31
1) Bair, Xyzanthia	2) Boner, Abigail [abby]
3) Wilhelmson, Grace	4) Dutton, Sienna
6 Southern Valley (Oxford) 'A'	57.18
1) Best, Krista	2) Cierra, Dringman
3) Meyers, Liz	4) Russell, Brianna
7 Cambridge 'A'	58.15
1) Sickels, Paige	2) Klumpe, Paige
3) Koeppen, Kori	4) Miller, Breelle

Girls 4x400 Meter Relay Varsity

School	Finals
1 McCook 'A'	4:23.12
1) Dutton, Emma	2) Dutton, Sienna
3) Taylor, Ainsley M	4) Wilkinson, Shawna
2 Holdrege 'A'	4:25.68
1) Bliven, Alexis	2) Medina, Bradie
3) Fulmer, MaKenna	4) Hurlbert, Avery
3 Lexington 'A'	4:30.50
1) Haines, Liah	2) Ostrom, Jacquelin

McCook Track & Field Invite - 4/1/2021

McCook High Track

Results

....Girls 4x400 Meter Relay Varsity

3) Kuecker, Reese	4) Barrios, Kayla	
4 Hays 'A'		4:31.25
1) Dotts, Landri	2) Jaeger, Amelia	
3) Schaffer, Brooklyn	4) Lewallen, Brooklyn	
5 Cambridge 'A'		4:40.57
1) Sickels, Paige	2) Miller, Breelle	
3) Deterding, Brenna	4) Deterding, Autumn	

Girls 4x800 Meter Relay Varsity

School	Finals
1 McCook 'A'	10:48.75
1) Rodewald, Samantha	2) Renner, Isabella [izzy]
3) Spencer, Leah	4) Dutton, Sienna
2 Colby 'A'	11:02.95
1) Schroeder, Danielle	2) Cates, Laurel
3) Brown, Cydney	4) Chavez, Kathie
3 Cambridge 'A'	11:43.35
1) Deterding, Brenna	2) Miller, Breelle
3) Koeppen, Kori	4) Kent, Jalen
4 Hays 'A'	11:47.38
1) Winter, Avery	2) Watson, Jaycine
3) Shippy, Claire	4) Zadina, Julia

Girls High Jump Varsity

Name	Year School	Finals
1 Russell, Brianna	Southern Val	5-00.00
2 Kearney, Rachael	Lexington	J4-10.00
3 Swearingen, Hanna	Holdrege	J4-10.00
4 Klumpe, Paige	Cambridge	J4-08.00
5 Ruder, Amy	Hays	J4-08.00
6 Ostrom, Jackie	Lexington	J4-06.00
6 McGrath, Lilian	Hays	J4-06.00
7 Kent, Jacey	Cambridge	J4-06.00
9 Cunningham, Kenzie	Hays	4-04.00
9 Fulmer, MaKenna	Holdrege	4-04.00
9 Harbison, Cordelia	Lexington	4-04.00
9 Walter, Kennedy	McCook	4-04.00

Girls Pole Vault Varsity

Name	Year School	Finals
1 Medina, Bradie	Holdrege	J9-06.00
2 Crow, Hannah	McCook	J9-06.00
3 Harbison, Cordelia	Lexington	J9-00.00
4 Deterding, Autumn	Cambridge	J8-00.00
5 Finley, Kourtney	Colby	J8-00.00
6 Jewett, Kaitlyn	Holdrege	J7-06.00
7 Hunter, Amelia	Holdrege	J7-00.00
8 Kent, Jalen	Cambridge	J7-00.00
9 Schielke, Alizah	Colby	6-06.00

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****...Girls Pole Vault Varsity**

9 Sutton, Kalli	Lexington	6-06.00
11 Downer, Leah	Cambridge	6-00.00

Girls Long Jump Varsity

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Green, Reanna	Hays	17-00.00q	NWI	1
2 Bliven, Alexis	Holdrege	16-06.50q	NWI	2
3 Rowe, Mia	Lexington	15-09.25q	NWI	2
4 Wilkinson, Shawna	McCook	15-03.00q	NWI	2
5 Bair, Xyzanthia	McCook	14-06.75q	NWI	2
6 McGrath, Lilian	Hays	14-06.00q	NWI	1
7 Quinn, Brianna	Southern Val	14-04.50q	NWI	2
8 Best, Krista	Southern Val	13-02.00q	NWI	2
9 Kuecker, Reese	Lexington	12-10.25	NWI	2
10 Barrios, Kayla	Lexington	12-09.00	NWI	2
10 Cunningham, Makynna	McCook	12-09.00	NWI	1
12 Miller, Breelle	Cambridge	12-06.50	NWI	1
13 Kent, Jalen	Cambridge	11-11.75	NWI	1
14 Meyers, Liz	Southern Val	10-03.00	NWI	1

Girls Long Jump Varsity

Name	Year School	Finals	Wind
Finals			
1 Green, Reanna	Hays	17-00.00	NWI
2 Bliven, Alexis	Holdrege	16-06.50	NWI
3 Rowe, Mia	Lexington	15-09.25	NWI
4 Wilkinson, Shawna	McCook	15-03.00	NWI
5 Bair, Xyzanthia	McCook	14-06.75	NWI
6 McGrath, Lilian	Hays	14-06.00	NWI
7 Quinn, Brianna	Southern Val	14-04.50	NWI
8 Best, Krista	Southern Val	13-02.00	NWI

Girls Triple Jump Varsity

Name	Year School	Prelims	Wind
Preliminaries			
1 Green, Reanna	Hays	34-10.00q	NWI
2 Rowe, Mia	Lexington	33-04.50q	NWI
3 Kent, Jacey	Cambridge	31-08.00q	NWI
4 Deterding, Autumn	Cambridge	31-02.50q	NWI
5 Dotts, Landri	Hays	30-10.00q	NWI
6 Hamilton, Mia	Colby	29-10.50q	NWI
7 Best, Krista	Southern Val	29-08.50q	NWI
8 Elliott, McCartney	Holdrege	29-08.00q	NWI
9 Dutton, Sienna	McCook	28-09.00	NWI
10 Kuecker, Reese	Lexington	28-08.50	NWI

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Girls Triple Jump Varsity**

Name	Year	School	Finals	Wind
Finals				
1 Green, Reanna		Hays	34-10.00	NWI
2 Rowe, Mia		Lexington	33-04.50	NWI
3 Kent, Jacey		Cambridge	31-08.00	NWI
4 Deterding, Autumn		Cambridge	31-02.50	NWI
5 Dotts, Landri		Hays	30-10.00	NWI
6 Hamilton, Mia		Colby	29-10.50	NWI
7 Best, Krista		Southern Val	29-08.50	NWI
8 Elliott, McCartney		Holdrege	29-08.00	NWI

Girls Shot Put Varsity

Name	Year	School	Prelims	H#
Preliminaries				
1 Kotschwar, Sierra H		McCook	37-02.00q	3
2 Kinne, Brittni		McCook	35-03.50q	3
3 Hoberty, Schyler		Cambridge	33-11.00q	3
4 Moats, McKinna		Lexington	32-05.00q	3
5 Jacobson, Ella		Holdrege	31-07.00q	3
6 Sheldon, Jillyan		Hays	31-02.00q	2
7 Chavez, Cindy		Colby	30-06.00q	1
8 Schroder, Hannah		Holdrege	30-00.50q	3
9 Huerta, Karly		Lexington	29-06.00	3
10 Hammerschmidt, Kaylee		Hays	28-03.50	2
11 Betz, Mya		Colby	28-01.50	1
12 Webb, Ali		Cambridge	28-00.00	2
13 Taylor, Bekah		Southern Val	26-08.50	1
14 Lomeyer, Halle		Hays	25-10.00	2
15 Rippen, Korina [kori]		McCook	25-07.50	2
16 Zarate, Brianna		Lexington	23-10.00	2
17 Hunt, Jenna		Southern Val	23-07.00	1

Girls Shot Put Varsity

Name	Year	School	Finals
Finals			
1 Kotschwar, Sierra H		McCook	38-07.00
2 Kinne, Brittni		McCook	35-03.50
3 Moats, McKinna		Lexington	35-01.00
4 Hoberty, Schyler		Cambridge	33-11.00
5 Jacobson, Ella		Holdrege	31-07.00
6 Sheldon, Jillyan		Hays	31-05.00
7 Chavez, Cindy		Colby	30-06.00
8 Schroder, Hannah		Holdrege	30-02.00

Girls Discus Throw Varsity

Name	Year	School	Prelims	H#
Preliminaries				
1 Kotschwar, Sierra H		McCook	124-04q	2

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****...Girls Discus Throw Varsity**

2	Huerta, Karly	Lexington	116-11q	2
3	Jacobson, Ella	Holdrege	113-07q	2
4	Schmidt, Lainey	McCook	108-04q	1
5	Lomeyer, Halle	Hays	105-07q	2
6	Hanson, Alexis	McCook	103-08q	1
7	Hoberty, Schyler	Cambridge	98-06q	2
8	Webb, Ali	Cambridge	96-05q	1
9	Hammerschmidt, Kaylee	Hays	92-06	2
10	Schroder, Hannah	Holdrege	91-11	2
11	Betz, Mya	Colby	84-01	1
12	Kaisor, Nia	Hays	80-01	2
13	Moats, McKinna	Lexington	70-11	2
14	Ellis, Korah	Lexington	69-04	1
15	Taylor, Bekah	Southern Val	67-01	1
16	Chavez, Cindy	Colby	64-11	1
17	Wasenius, Keira	Southern Val	62-07	1
18	Hunt, Jenna	Southern Val	57-10	1

Girls Discus Throw Varsity

Name	Year	School	Finals
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Finals

1	Kotschwar, Sierra H	McCook	124-04
2	Huerta, Karly	Lexington	116-11
3	Jacobson, Ella	Holdrege	113-07
4	Schmidt, Lainey	McCook	108-04
5	Lomeyer, Halle	Hays	105-07
6	Hanson, Alexis	McCook	103-08
7	Hoberty, Schyler	Cambridge	98-06
8	Webb, Ali	Cambridge	96-05

Girls 100 Meter Dash Junior Varsity

Name	Year	School	Finals	Wind	H#
1	Caballero, Fernanda	Lexington	14.03	4.2	2
2	Quinonez, Jackie	Lexington	14.33	4.2	2
3	Bartlett, Aliza	Colby	14.79	3.7	1
4	Dang, Megan	Lexington	14.89	4.2	2
5	Area, Savannah	Colby	14.99	3.7	1
6	Hunter, Amelia	Holdrege	15.06	3.7	1
7	Witt, Paige	McCook	15.13	4.2	2
8	Davis, Gwyneth C	McCook	15.14	3.7	1
9	Mesinger, Samantha	McCook	15.34	4.2	2
10	Meixner, Olivia	McCook	x15.42	4.2	2
11	Pate, Makayla	McCook	x15.57	3.7	1
12	Noel, Lucrecia	Southern Val	16.00	4.2	2
13	Hunt, Jenna	Southern Val	16.06	4.2	2
14	McGinley, Destiny	McCook	x16.09	3.7	1
15	Maris, Avory	McCook	x18.80	3.7	1
16	Hixon, McKayla	McCook	x19.05	3.7	1

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Girls 200 Meter Dash Junior Varsity**

Name	Year School	Finals	Wind	H#
1 Quinonez, Jackie	Lexington	29.88	3.2	2
2 Bartlett, Aliza	Colby	30.87	5.9	1
3 Biggs, Lily	Hays	30.92	5.9	1
4 Dang, Megan	Lexington	31.39	3.2	2
5 Davis, Gwyneth C	McCook	32.17	3.2	2
6 Jovel, Kareen	Lexington	32.39	3.2	2
7 Witt, Paige	McCook	32.87	3.2	2
8 Pate, Makayla	McCook	32.97	3.2	2
9 Hunt, Jenna	Southern Val	34.16	3.2	2
10 McGinley, Destiny	McCook	x34.64	3.2	2
11 Maris, Avory	McCook	x39.82	5.9	1
12 Hixon, McKayla	McCook	x40.91	5.9	1

Girls 400 Meter Dash Junior Varsity

Name	Year School	Finals
1 Ford, Ella	Lexington	1:05.16
2 Wilhelmson, Grace	McCook	1:17.24
3 Arevalo, Nineht	Lexington	1:18.90

Girls 800 Meter Run Junior Varsity

Name	Year School	Finals
1 Brown, Cydney	Colby	2:44.41
2 Puls, Sophia	Holdrege	2:57.84

Girls 1600 Meter Run Junior Varsity

Name	Year School	Finals
1 Zadina, Julia	Hays	6:31.30
2 Calmo, Susana	Lexington	7:09.73
3 Stalder, Laurel	Southern Val	7:29.76

Girls 100 Meter Hurdles Junior Varsity

Name	Year School	Finals	Wind
1 Droegemeier, Lacy	Hays	18.26	3.7
2 Hernandez, Emily	Hays	18.72	3.7
3 Jaeger, Amanda	Colby	19.24	3.7
4 Winter, Avery	Hays	20.80	3.7
5 McKee, Brylee	Colby	21.12	3.7
6 Russell, Alixandria	Holdrege	21.52	3.7
7 Lashley, Mariah	Holdrege	21.69	3.7

Girls 300 Meter Hurdles Junior Varsity

Name	Year School	Finals
1 Jaeger, Amanda	Colby	53.72

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2 Hernandez, Emily	Hays	54.64
3 McKee, Brylee	Colby	55.91
4 Cierra, Dringman	Southern Val	57.12
5 Russell, Alixandria	Holdrege	59.92
6 Winter, Avery	Hays	1:00.17
7 Droegemeier, Lacy	Hays	1:01.83

Girls 4x100 Meter Relay Junior Varsity

School	Finals
1 Hays 'A'	55.91
1) Droegemeier, Lacy	2) McGrath, Lilian
3) Hernandez, Emily	4) Biggs, Lily
2 Lexington 'A'	56.33
1) Parada, Jassmin	2) Castaneda, Priscilla
3) Quinonez, Jackie	4) Dang, Megan
3 Colby 'A'	56.34
1) Bartlett, Aliza	2) McKee, Brylee
3) Area, Savannah	4) Jaeger, Amanda

Girls 4x400 Meter Relay Junior Varsity

School	Finals
1 McCook 'A'	4:47.37
1) Tarencz-Rasmusen, Madison E	2) Spencer, Leah
3) Wilkinson, Shayli	4) Renner, Isabella [izzy]

Girls 4x800 Meter Relay Junior Varsity

School	Finals
1 McCook 'A'	12:05.22
1) Cappel, Grace	2) Tarencz-Rasmusen, Madison E
3) Nielson, Abigail	4) Hixon, Sandra

Girls High Jump Junior Varsity

Name	Year School	Finals
1 Denny, Lakin	Colby	4-10.00
2 Brown, Cydney	Colby	4-06.00
3 Vesper, Samantha	Hays	4-04.00
-- Werth, Allyson	Hays	NH
-- Nelson, Graci C	McCook	NH
-- Lashley, Mariah	Holdrege	NH

Girls Pole Vault Junior Varsity

Name	Year School	Finals
1 Cierra, Dringman	Southern Val	8-00.00
2 Sullivan, Talyn	Colby	7-06.00
3 Stalder, Laurel	Southern Val	7-00.00

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4 Norris, Abigail	Hays	6-00.00
-- Byfield, Jacey	Hays	NH
-- Arreaga, Alondra	Lexington	NH

Girls Long Jump Junior Varsity

Name	Year School	Finals	Wind	H#
1 Biggs, Lily	Hays	13-05.50	NWI	1
2 Caballero, Fernanda	Lexington	13-05.00	NWI	2
3 Wilhelmson, Grace	McCook	13-03.25	NWI	2
4 Vesper, Samantha	Hays	12-06.00	NWI	1
5 Hammond, Bregan	Southern Val	12-05.50	NWI	2
5 Kearney, Rachael	Lexington	12-05.50	NWI	2
7 McGinley, Destiny	McCook	11-09.00	NWI	2
8 Pate, Makayla	McCook	11-08.50	NWI	1
9 Davis, Gwyneth C	McCook	x11-07.00	NWI	2
10 Jovel, Kareen	Lexington	11-06.75	NWI	1
11 Area, Savannah	Colby	11-02.00	NWI	1
12 Witt, Paige	McCook	x11-01.00	NWI	1
13 Meixner, Olivia	McCook	x10-11.50	NWI	2
14 Maris, Ivory	McCook	x7-09.75	NWI	2

Girls Triple Jump Junior Varsity

Name	Year School	Finals	Wind
1 Biggs, Lily	Hays	30-08.50	NWI
2 Denny, Lakin	Colby	28-02.25	NWI
3 Area, Savannah	Colby	24-10.50	NWI

Girls Shot Put Junior Varsity

Name	Year School	Finals	H#
1 Schmidt, Lainey	McCook	30-04.25	2
2 Degnan, Abigail	McCook	29-09.00	2
3 Wiemers, Gracelyn	McCook	27-10.25	2
4 Draskovic, Brooke	Lexington	27-08.00	2
5 Miller, Kendall	McCook	x26-10.50	2
6 Hanson, Alexis	McCook	x26-03.25	2
7 Scott-Furgison, Shelby	Holdrege	26-00.50	1
8 Bartlett, Aliza	Colby	25-11.25	1
9 Schroeder, Danielle	Colby	25-06.00	1
10 Noone, Morgan	Hays	25-05.00	2
11 Carlson, Isabella	Lexington	23-01.00	1
12 Ellis, Korah	Lexington	21-08.00	1
13 Noel, Lucrecia	Southern Val	20-10.00	1
14 Maris, Halee	McCook	x20-09.75	2
15 Karash, Abree	Southern Val	19-00.50	1
16 Cunningham, Makynna	McCook	x17-11.50	2
16 Maris, Ivory	McCook	x17-11.50	1

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Girls Discus Throw Junior Varsity**

Name	Year School	Finals	H#
1 Lindenmeyer, Maggi	Hays	87-02	2
2 Wiemers, Gracelyn	McCook	86-00	2
3 Cunningham, Makynna	McCook	85-05	2
4 Degnan, Abigail	McCook	83-00	2
5 Kinne, Brittni	McCook	x70-03	2
6 Miller, Kendall	McCook	x70-02	2
7 Scott-Furgison, Shelby	Holdrege	68-11	1
8 Zarate, Brianna	Lexington	66-07	1
9 Draskovic, Brooke	Lexington	64-06	2
10 Rippen, Korina [kori]	McCook	x62-02	2
11 Hammond, Bregan	Southern Val	52-11	1
12 Noel, Lucrecia	Southern Val	51-01	1
13 Maris, Halee	McCook	x46-09	1
14 Karash, Abree	Southern Val	43-01	1
15 Carlson, Isabella	Lexington	41-10	1

Boys 100 Meter Dash Varsity

Name	Year School	Finals	Wind	H#
1 Kanak, Jaren	Hays	10.66	5.4	3
2 Berry, Clayton	Southern Val	11.38	5.4	3
3 Gomez-Wilson, Jacob	McCook	11.48	5.4	3
4 Drain, Jacob	Holdrege	11.49	5.4	3
5 Stewart, Hunter	Lexington	11.54	5.4	3
6 Moss, Quentin	Lexington	11.67	5.4	3
6 Jernigan, Kaden	McCook	11.67	3.1	2
8 Casper, Logan	Hays	11.67	5.4	3
9 Reiners, Nate	McCook	11.87	3.1	2
10 Summers, Trent	Hays	11.96	5.4	3
11 Janssen, Jaydan	Holdrege	12.03	3.1	2
12 VanEaton, Carson	Colby	12.12	6.4	1
13 Meyers, Ryan	Colby	12.45	3.1	2
14 Grindle, Kohan	Cambridge	12.55	6.4	1
15 Sanders, Darren	Colby	12.66	3.1	2
16 Sundquist, Zac	Holdrege	13.08	3.1	2

Boys 200 Meter Dash Varsity

Name	Year School	Finals	Wind	H#
1 Kanak, Jaren	Hays	22.16	4.0	2
2 Moss, Quentin	Lexington	23.49	4.0	2
3 Gomez-Wilson, Jacob	McCook	23.89	4.0	2
4 Reiners, Nate	McCook	24.16	4.0	2
5 Thomas, Cole	McCook	24.53	4.1	1
6 Summers, Trent	Hays	24.70	4.0	2
7 Bowen, Landon	Lexington	24.86	4.1	1
8 Janssen, Jaydan	Holdrege	25.15	4.1	1
9 Dale, Jordan	Hays	25.15	4.0	2
10 Harmon, Adam	Holdrege	25.36	4.1	1
11 Meyers, Ryan	Colby	25.59	4.0	2
12 Salas, Mathew	Lexington	25.68	4.0	2

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****...Boys 200 Meter Dash Varsity**

13	Trompke, Derek	Cambridge	26.38	4.1	1
14	Steinbach, Michael	Holdrege	26.75	4.1	1
15	Hoberty, Ben	Cambridge	26.93	4.1	1

Boys 400 Meter Dash Varsity

Name	Year	School	Finals	H#
1	Muller, Diego	Hays	54.05	2
2	Tucker, Brandon	McCook	54.39	2
3	Bowen, Landon	Lexington	56.34	2
4	Thomas, Cole	McCook	56.74	2
5	Orth, Brett	Hays	56.84	2
6	Trompke, Derek	Cambridge	59.20	2
7	Hoberty, Ben	Cambridge	59.95	1
8	Wissman, Justice	Holdrege	59.96	1
9	Perez, Angel	Lexington	1:00.67	2
10	Harmon, Adam	Holdrege	1:00.72	1

Boys 800 Meter Run Varsity

Name	Year	School	Finals	
1	Walgren, Weston	McCook	2:11.24	
2	Fulmer, Bryant	Holdrege	2:12.26	
3	Corado, Rene	Lexington	2:18.16	
4	Bose, Carter	Southern Val	2:19.92	
5	Gomez, Alex	Lexington	2:20.09	
6	Gross, Patrick	McCook	2:20.71	
7	Dempsey, Tynan	Hays	2:21.11	
8	Trompke, Derek	Cambridge	2:21.58	2:21.576
9	Farr, Logan	McCook	2:21.58	2:25.578
10	Komenda, Kade	Holdrege	2:21.87	
11	Rodriguez-Morales, Alexe	Lexington	2:26.60	
12	Wissman, Justice	Holdrege	2:26.75	

Boys 1600 Meter Run Varsity

Name	Year	School	Finals
1	Golus, Justin	Holdrege	5:04.48
2	Aguado, Oscar	Lexington	5:04.50
3	Parada, Kevin	Lexington	5:07.80
4	Sotelo, Elmer	Lexington	5:08.87
5	Clement, Nikolas	Holdrege	5:11.11
6	Cappel, Grant	McCook	5:18.58
7	Hernandez, Leo	Hays	5:24.63
8	Viegra, Landon	Hays	5:28.82
9	Horwart, Shane	Cambridge	5:37.14
10	Unger, Ryan	McCook	5:38.79
11	Ruggles, Glenn	McCook	5:39.14

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Boys 3200 Meter Run Varsity**

Name	Year School	Finals
1 Adame-Lopez, Lazaro	Lexington	11:15.55
2 VanBoening, Brady	Holdrege	11:28.70
3 Horwart, Shane	Cambridge	11:31.96
4 Sturtevant, Aaron	Holdrege	11:50.32
5 Bowen, Carter	Lexington	12:01.87
6 Dempsey, Matthew	Hays	12:11.85
7 Treffer, Greg	Lexington	12:14.25
8 Herron, Matt	McCook	12:40.27
9 Gunderson, Aidan	Cambridge	12:50.69

Boys 110 Meter Hurdles Varsity

Name	Year School	Finals	Wind	H#
1 Berry, Clayton	Southern Val	15.99	4.8	2
2 Adams, Ty	Hays	17.48	4.8	2
3 Moroni, Roy	Hays	17.69	4.8	2
4 Meyers, Gavin	Hays	18.11	4.8	2
5 Wood, Dahlton	Cambridge	18.58	3.9	1
6 Maris, Luke	McCook	18.86	4.8	2
7 Langan, Alec	McCook	18.93	4.8	2
8 Brown, Trevor	Southern Val	19.22	4.8	2
9 Allen, Keith	Lexington	20.53	3.9	1

Boys 300 Meter Hurdles Varsity

Name	Year School	Finals	H#
1 Langan, Alec	McCook	43.59	2
2 Carpenter, Jase	Lexington	44.51	2
3 Maris, Luke	McCook	45.16	2
4 Meyers, Gavin	Hays	45.47	2
5 Skiles, Harrison	Holdrege	46.10	2
6 Gomez-Wilson, Lucas	McCook	46.67	1
7 Zarate, Fernando	Hays	47.42	2
8 Adams, Ty	Hays	47.43	2
9 McArthur, Zach	Cambridge	48.34	1
10 VanEaton, Carson	Colby	48.52	1
11 Allen, Keith	Lexington	48.58	2
12 Perez, Angel	Lexington	50.62	1
13 Milks, Nelson	Holdrege	52.06	1

Boys 4x100 Meter Relay Varsity

School	Finals
1 Hays 'A'	44.69
1) Casper, Logan	
2) Summers, Trent	
3) Moroni, Roy	
4) Kanak, Jaren	
2 McCook 'A'	45.27
1) Arp, Mark	
2) Jernigan, Kaden	
3) Gomez-Wilson, Lucas	
4) Gomez-Wilson, Jacob	
3 Holdrege 'A'	46.56

McCook Track & Field Invite - 4/1/2021

McCook High Track

Results

....Boys 4x100 Meter Relay Varsity

1) Carpenter, Brandon	2) Skiles, Harrison	
3) Janssen, Jaydan	4) Drain, Jacob	
4 Lexington 'A'		46.59
1) Bowen, Landon	2) Carpenter, Jase	
3) Stewart, Hunter	4) Moss, Quentin	
5 Colby 'A'		47.85
1) Meyers, Ryan	2) Sanders, Darren	
3) Wahlmeier, Peyton	4) VanEaton, Carson	
6 Cambridge 'A'		48.74
1) Grindle, Kohan	2) Wood, Dahlton	
3) McArthur, Zach	4) Shaner, Quintin	

Boys 4x400 Meter Relay Varsity

School		Finals
1 McCook 'A'		3:41.68
1) Reiners, Nate	2) Maris, Luke	
3) Tucker, Brandon	4) Langan, Alec	
2 Hays 'A'		3:43.70
1) Orth, Brett	2) Beckman, Kyler	
3) Meyers, Gavin	4) Muller, Diego	
3 Lexington 'A'		3:44.88
1) Aguado-Mendez, Oscar	2) Bowen, Landon	
3) Carpenter, Jase	4) SoteloMunoz, Elmer	
4 Cambridge 'A'		3:56.33
1) Grindle, Kohan	2) McArthur, Zach	
3) Trompke, Derek	4) Shaner, Quintin	
5 Holdrege 'A'		3:59.42
1) Carpenter, Brandon	2) Skiles, Harrison	
3) Milks, Nelson	4) Harmon, Adam	

Boys 4x800 Meter Relay Varsity

School		Finals
1 Lexington 'A'		8:59.54
1) Aguado-Mendez, Oscar	2) Parada, Kevin	
3) Corado, Rene	4) Sotelo, Elmer	
2 Holdrege 'A'		9:08.03
1) Fulmer, Bryant	2) Komenda, Kade	
3) Clement, Nikolas	4) Golus, Justin	
3 McCook 'A'		9:12.98
1) Roth, Landon	2) Gross, Patrick	
3) Farr, Logan	4) Walgren, Weston	
4 Hays 'A'		9:47.28
1) Hernandez, Leo	2) Mccullough, Elijah	
3) Dempsey, Tynan	4) Viegra, Landon	

Boys High Jump Varsity

Name	Year School	Finals	H#
1 Dale, Jordan	Hays	6-03.00	1
2 Arp, Mark	McCook	6-01.00	2

McCook Track & Field Invite - 4/1/2021

McCook High Track

Results

....Boys High Jump Varsity

3	Gardner, Tobin	Colby	5-11.00	2
4	Moroni, Roy	Hays	5-09.00	1
5	Dugger, Adam	McCook	J5-07.00	2
6	VanEaton, Carson	Colby	J5-07.00	2
7	Stevens, Ty	McCook	J5-07.00	2
8	Bose, Carter	Southern Val	J5-07.00	2
9	Orth, Brett	Hays	5-05.00	1
9	Hoberty, Ben	Cambridge	5-05.00	2
11	Strauss, Greyson	Lexington	5-03.00	2
12	Scharff, Isaac	Lexington	4-01.00	2

Boys Pole Vault Varsity

Name	Year	School	Finals
1	McDonald, Branson	McCook	14-00.00
2	Campbell, Talyn	McCook	J13-00.00
3	Veach, Tucker	Hays	J13-00.00
4	Moore, Jaren	Holdrege	11-00.00
5	Sundquist, Zac	Holdrege	10-00.00
6	Bailey, Morgan	Lexington	J9-06.00
7	Norgaard, Hayden	McCook	J9-06.00
8	McArthur, Zach	Cambridge	9-00.00
9	Edeal, Holton	Lexington	8-06.00
10	Park, Nic	Hays	8-00.00
--	Naylor, Daven	Lexington	NH

Boys Long Jump Varsity

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Kanak, Jaren	Hays	22-05.25q	NWI	1
2	Beckman, Kyler	Hays	21-03.25q	NWI	1
3	Berry, Clayton	Southern Val	20-07.50q	NWI	2
4	Moroni, Roy	Hays	20-05.00q	NWI	1
5	Sanders, Darren	Colby	20-04.50q	NWI	1
6	Shaner, Quintin	Cambridge	20-03.75q	NWI	2
7	Meixner, Kameron	McCook	19-06.00q	NWI	2
8	Havlicek, Logan	McCook	18-11.00q	NWI	2
9	Stevens, Ty	McCook	18-08.75	NWI	2
10	Strauss, Greyson	Lexington	18-02.50	NWI	2
11	Grindle, Kohan	Cambridge	18-02.25	NWI	1
12	Janssen, Jaydan	Holdrege	18-00.50	NWI	1
13	Stewart, Hunter	Lexington	17-11.00	NWI	2
14	Salas, Mathew	Lexington	17-06.75	NWI	2
15	Hoberty, Ben	Cambridge	16-02.50	NWI	1

Boys Long Jump Varsity

Name	Year	School	Finals	Wind
Finals				
1	Kanak, Jaren	Hays	22-05.25	NWI
2	Beckman, Kyler	Hays	21-03.25	NWI

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****....Boys Long Jump Varsity**

3 Berry, Clayton	Southern Val	20-07.50	NWI
4 Moroni, Roy	Hays	20-05.00	NWI
5 Sanders, Darren	Colby	20-04.50	NWI
6 Shaner, Quintin	Cambridge	20-03.75	NWI
7 Meixner, Kameron	McCook	19-06.00	NWI
8 Havlicek, Logan	McCook	18-11.00	NWI

Boys Triple Jump Varsity

Name	Year School	Prelims	Wind
Preliminaries			
1 Dugger, Adam	McCook	43-04.75q	NWI
2 Sanders, Darren	Colby	42-10.50q	NWI
3 Berry, Clayton	Southern Val	41-04.25q	NWI
4 Dale, Jordan	Hays	40-08.50q	NWI
5 Shaner, Quintin	Cambridge	40-07.50q	NWI
6 Beckman, Kyler	Hays	40-03.50q	NWI
7 Strauss, Greyson	Lexington	40-03.25q	NWI
8 Stewart, Hunter	Lexington	38-10.00q	NWI
9 Fraker, Brett	McCook	38-09.25	NWI
10 Gardner, Tobin	Colby	38-03.75	NWI
11 Mai, Evan	McCook	37-06.75	NWI
12 Wood, Dahlton	Cambridge	36-10.75	NWI
13 Dowling, Caleb	Lexington	36-01.00	NWI

Boys Triple Jump Varsity

Name	Year School	Finals	Wind
Finals			
1 Dugger, Adam	McCook	43-04.75	NWI
2 Sanders, Darren	Colby	42-10.50	NWI
3 Berry, Clayton	Southern Val	41-04.25	NWI
4 Dale, Jordan	Hays	40-08.50	NWI
5 Shaner, Quintin	Cambridge	40-07.50	NWI
6 Beckman, Kyler	Hays	40-03.50	NWI
7 Strauss, Greyson	Lexington	40-03.25	NWI
8 Stewart, Hunter	Lexington	38-10.00	NWI

Boys Shot Put Varsity

Name	Year School	Prelims	H#
Preliminaries			
1 Ford, Torrington	McCook	52-01.00q	2
2 Rosales, Ian	Colby	50-02.50q	2
3 Haselhorst, Gaven	Hays	48-08.50q	2
4 Adams, Trey	Hays	47-03.00q	2
5 Wahlmeier, Peyton	Colby	45-00.50q	2
6 Scharff, Isaac	Lexington	44-06.00q	2
7 Borland, Kyle	Cambridge	44-05.50q	2
8 Paschall, Dylan	McCook	44-04.50q	1
9 Hunter, Maxwell	Holdrege	43-01.00	2
10 Castellanos, Luis	Lexington	40-11.00	2

McCook Track & Field Invite - 4/1/2021

McCook High Track

Results

....Boys Shot Put Varsity

11 Harris, Austin	Cambridge	37-02.50	1
12 Connell, Malachi	Holdrege	36-06.50	1
13 Castellanos, Miguel	Lexington	35-06.00	1
14 Ayer, Domonic	Cambridge	35-04.50	1
15 Walburn, Grayson	Hays	35-01.75	1
16 Bowman, Ryan	Holdrege	34-07.50	1
17 Wiemers, Isaiah	McCook	34-02.00	1

Boys Shot Put Varsity

Name	Year School	Finals
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Finals

1 Ford, Torrington	McCook	52-01.00
2 Rosales, Ian	Colby	50-02.00
3 Haselhorst, Gaven	Hays	48-08.00
4 Adams, Trey	Hays	47-03.00
5 Wahlmeier, Peyton	Colby	45-00.00
6 Scharff, Isaac	Lexington	44-06.00
7 Borland, Kyle	Cambridge	44-05.00
8 Paschall, Dylan	McCook	44-04.50

Boys Discus Throw Varsity

Name	Year School	Prelims	H#
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Preliminaries

1 Adams, Trey	Hays	174-06q	3
2 Stoddard, Isaiah	McCook	152-10q	3
3 Paschall, Dylan	McCook	139-04q	3
4 Borland, Kyle	Cambridge	138-07q	2
5 Wood, Dahlton	Cambridge	136-05q	3
6 Castellanos, Luis	Lexington	133-10q	2
7 Hunter, Maxwell	Holdrege	130-05q	3
8 Wiemers, Isaiah	McCook	127-10q	2
9 Herreman, Kaden	Hays	121-03	3
10 Wahlmeier, Peyton	Colby	118-06	1
11 Rosales, Ian	Colby	114-04	1
12 Pike, Kamryn	Lexington	112-07	2
13 Bose, Carter	Southern Val	108-03	2
14 Harris, Austin	Cambridge	107-05	2
15 Bowman, Ryan	Holdrege	105-02	2
16 Connell, Malachi	Holdrege	98-04	1
17 Grove, Gabe	Southern Val	92-10	1
18 Ellis, Kyle	Lexington	92-08	1
19 Broeker, Cole	Southern Val	60-01	1

Boys Discus Throw Varsity

Name	Year School	Finals
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Finals

1 Adams, Trey	Hays	174-06
2 Stoddard, Isaiah	McCook	152-10
3 Paschall, Dylan	McCook	139-04

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****...Boys Discus Throw Varsity**

4	Borland, Kyle	Cambridge	138-07
5	Wood, Dahlton	Cambridge	136-05
6	Castellanos, Luis	Lexington	133-10
7	Hunter, Maxwell	Holdrege	130-05
8	Wiemers, Isaiah	McCook	127-10

Boys 100 Meter Dash Junior Varsity

Name	Year	School	Finals	Wind	H#
1 Bah, Malik		Hays	11.65	3.0	3
2 Summers, Chase		Hays	11.97	3.0	3
3 Rosales, Isaiah		Colby	12.10	3.0	3
4 Shafer, Gary		McCook	12.31	3.0	3
5 Keslin, Van		McCook	12.33	2.7	2
6 Lind, Evan		Hays	12.41	4.8	1
7 Meyer, Adyn		McCook	12.49	3.0	3
8 Steinbach, Michael		Holdrege	12.54	2.7	2
9 Johnson, Cyrus		Colby	12.58	3.0	3
10 Harvie, Dylan		McCook	x12.59	3.0	3
11 Rasmussen, JaeDe		Lexington	12.63	3.0	3
12 Jensen, Beau		Holdrege	12.79	4.8	1
13 Jackson, Wyatt		Cambridge	13.18	2.7	2
14 Daud, Daud		Lexington	13.30	2.7	2
15 Morgan, Matthew		Cambridge	13.35	2.7	2
16 Arevalo, Daniel		Lexington	13.41	2.7	2
17 Moore, Jaren		Holdrege	13.48	2.7	2
18 Ruskamp, Jeramyah		Southern Val	13.62	2.7	2
19 Ayer, Domonic		Cambridge	13.71	4.8	1

Boys 200 Meter Dash Junior Varsity

Name	Year	School	Finals	Wind	H#
1 Bah, Malik		Hays	23.86	3.6	3
2 Summers, Chase		Hays	24.41	3.6	3
3 Rosales, Isaiah		Colby	24.80	3.6	3
4 Shafer, Gary		McCook	24.94	3.7	2
5 Harvie, Dylan		McCook	25.25	3.7	2
6 Keslin, Van		McCook	25.47	3.7	2
7 Pfeifer, Ben		Hays	25.69	3.6	3
8 Scharff, Isaac		Lexington	25.97	3.6	3
9 Daud, Daud		Lexington	26.81	3.6	3
10 Jackson, Wyatt		Cambridge	27.22	3.7	2
11 Barraza, Samir		Colby	27.55	3.6	3
12 Grove, Rian		Southern Val	27.66	3.6	3
13 Ruskamp, Jeramyah		Southern Val	28.22	3.7	2
14 Hanson, Corey		Holdrege	28.66	3.5	1
15 Morgan, Matthew		Cambridge	28.77	3.7	2
16 Hodge, Scott		McCook	x29.22	3.7	2
17 Johnson, Tristan		Holdrege	29.61	3.5	1
18 Grossnicklaus, Carson		Southern Val	30.25	3.5	1
19 Garcia, Ismael		Holdrege	31.79	3.5	1

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Boys 400 Meter Dash Junior Varsity**

Name	Year School	Finals
1 Barenburg, Joe	McCook	1:00.52
2 Beavers, Ean	McCook	1:00.82
3 Jackson, Wyatt	Cambridge	1:01.50
4 Wetton, Seth	McCook	1:02.76
5 Perks, Hunter	Cambridge	1:05.55

Boys 800 Meter Run Junior Varsity

Name	Year School	Finals
1 Murdock, Tate	Colby	2:23.13
2 Betz, Zane	Colby	2:24.76
3 Wise, Brogan	Holdrege	2:25.18
4 Bradley, Landon	Colby	2:30.28
5 Mooney, Blazen	McCook	2:31.99
6 Galvan, Xavi	Lexington	2:40.15
7 Broeker, Cole	Southern Val	2:42.05
8 Woody, Tyler	Lexington	2:45.45

Boys 1600 Meter Run Junior Varsity

Name	Year School	Finals
1 Adame-Lopez, Lazaro	Lexington	5:14.44
2 Fikan, Taden	Colby	5:15.91
3 Mccullough, Elijah	Hays	5:32.71
4 Treffer, Greg	Lexington	5:43.11
5 Herron, Matthew	McCook	5:53.64
6 Wells, Grant	McCook	5:55.72
7 Thoof, Adyn	Southern Val	5:55.88
8 Adelman, Jaren	Colby	5:56.45
9 Wilkinson, Caleb	McCook	6:02.70

Boys 3200 Meter Run Junior Varsity

Name	Year School	Finals
1 Fikan, Taden	Colby	11:17.85
2 Lucas-Reynoso, Josue	Lexington	12:29.65
3 Davenport, Wyatt	Colby	13:45.80

Boys 110 Meter Hurdles Junior Varsity

Name	Year School	Finals	Wind
1 Perry, JW	Hays	17.93	5.0
2 Zimmerman, Harley	Hays	18.90	5.0
3 Eberle, Ryan	Holdrege	20.01	5.0
4 Hanson, Mycuh	McCook	20.64	5.0
5 Brooks, Nate	Hays	21.26	5.0

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Boys 300 Meter Hurdles Junior Varsity**

Name	Year School	Finals
1 Perry, JW	Hays	47.31
2 Zimmerman, Harley	Hays	47.85
3 Brooks, Nate	Hays	49.69
4 Brown, Trevor	Southern Val	50.74
5 Hanson, Mycuh	McCook	51.11
6 Edeal, Holton	Lexington	52.04
7 Noel, Mason	Southern Val	55.31

Boys 4x100 Meter Relay Junior Varsity

School	Finals
1 Hays 'A'	47.00
1) Bah, Malik	2) Pfeifer, Ben
3) Summers, Chase	4) Salmans, Bryce
2 McCook 'A'	48.03
1) Fraker, Brett	2) Shafer, Gary
3) Harvie, Dylan	4) Meyer, Adyn
3 Colby 'A'	49.45
1) Betz, Zane	2) Tubbs, Boston
3) Johnson, Cyrus	4) Rosales, Isaiah
4 Lexington 'A'	53.29
1) Perez, Angel	2) Arevalo, Daniel
3) Rasmussen, JaeDe	4) Ramos, Alex

Boys 4x400 Meter Relay Junior Varsity

School	Finals
1 McCook 'A'	3:48.90
1) Farr, Logan	2) Gross, Patrick
3) Roth, Landon	4) Walgren, Weston
2 McCook 'B'	3:50.53
1) Meyer, Adyn	2) Mai, Evan
3) Thomas, Cole	4) Messinger, Alex
3 Lexington 'A'	3:51.48
1) Salas, Mathew	2) Corado, Rene
3) Salazar-Molina, Ian	4) Parada, Kevin
4 Hays 'A'	4:09.74
1) Perry, JW	2) Summers, Chase
3) Brooks, Nate	4) Adams, Ty

Boys 4x800 Meter Relay Junior Varsity

School	Finals
1 Lexington 'A'	10:16.07
1) Rodriguez-Morales, Alexes	2) Gomez, Alex
3) Galvan, Xavi	4) Taracena, Anthony
2 McCook 'A'	10:29.84
1) Ruggles, Glenn	2) Wilkinson, Caleb
3) Cappel, Grant	4) Wells, Grant

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Boys High Jump Junior Varsity**

Name	Year	School	Finals	H#
1 Gillen, Brendon		McCook	J5-11.00	2
2 Mai, Evan		McCook	J5-05.00	2
3 Fraker, Brett		McCook	J5-03.00	2
4 Messinger, Alex		McCook	xJ5-03.00	2
5 Gross, Patrick		McCook	xJ5-01.00	2
6 Jackson, Wyatt		Cambridge	J5-01.00	2
7 Skiles, Harrison		Holdrege	J5-01.00	1
8 Salmans, Bryce		Hays	J4-11.00	1
8 Stull, Remy		Hays	J4-11.00	1
10 Eberle, Ryan		Holdrege	J4-11.00	2
-- Ruskamp, Jeramyah		Southern Val	NH	1
-- Thooft, Adyn		Southern Val	NH	1
-- Jensen, Beau		Holdrege	NH	2
-- Tsikarishvili, Giorgi		Southern Val	NH	1

Boys Pole Vault Junior Varsity

Name	Year	School	Finals
1 Kaps, Garrett		McCook	11-00.00
2 Murdock, Tate		Colby	10-06.00
3 Fraker, Brett		McCook	9-06.00
4 Broeker, Cole		Southern Val	9-00.00
5 Rasmussen, JaeDe		Lexington	J8-00.00
6 Flock, Adin		Hays	J8-00.00
6 Johnson, Cyrus		Colby	J8-00.00
-- Zimmerman, Harley		Hays	NH
-- Buller, Liam		Hays	NH

Boys Long Jump Junior Varsity

Name	Year	School	Finals	Wind	H#
1 Beaumont, Dylan		McCook	20-05.50	NWI	3
2 Arp, Mark		McCook	20-01.00	NWI	1
3 Mai, Evan		McCook	18-11.25	NWI	2
4 Gillen, Brendon		McCook	x18-04.25	NWI	3
5 Dowling, Caleb		Lexington	18-03.00	NWI	3
6 Messinger, Alex		McCook	x17-11.75	NWI	2
7 Casper, Logan		Hays	17-09.50	NWI	1
8 Meyer, Adyn		McCook	x17-01.50	NWI	3
9 Hanson, Mycuh		McCook	x17-00.75	NWI	2
10 Tubbs, Boston		Colby	16-10.00	NWI	1
11 Lind, Evan		Hays	16-09.00	NWI	1
12 Neel, James		McCook	x16-06.25	NWI	2
12 Boulware, Quentin		Holdrege	16-06.25	NWI	3
14 Voss, Riley		Colby	16-04.75	NWI	2
15 Strauss, Greyson		Lexington	16-01.00	NWI	3
16 Cushman Cabrera, Andres		McCook	x14-06.50	NWI	1
17 Davenport, Wyatt		Colby	14-05.25	NWI	2
18 Morgan, Matthew		Cambridge	11-01.00	NWI	2

McCook Track & Field Invite - 4/1/2021**McCook High Track****Results****Boys Triple Jump Junior Varsity**

Name	Year School	Finals	Wind	H#
1 Pfeifer, Ben	Hays	39-10.75	NWI	1
2 Neel, James	McCook	36-07.00	NWI	2
3 Adams, Ty	Hays	35-06.50	NWI	1
4 Perks, Hunter	Cambridge	35-02.00	NWI	2
5 Bradley, Landon	Colby	34-04.00	NWI	1
6 Tubbs, Boston	Colby	34-00.75	NWI	1
7 Cole, Mitchel	McCook	33-10.25	NWI	2
8 Daud, Daud	Lexington	33-08.25	NWI	2
9 Beavers, Ean	McCook	33-02.75	NWI	2
10 Boulware, Quentin	Holdrege	32-00.25	NWI	2
11 Voss, Riley	Colby	31-00.50	NWI	1

Boys Shot Put Junior Varsity

Name	Year School	Finals	H#
1 Russell, Carson	Hays	41-01.50	3
2 Herreman, Kaden	Hays	39-07.00	3
3 Yauch, Brandon	Hays	38-02.00	3
4 Conroy, Tucker	McCook	34-08.00	3
5 Carpenter, Layton	McCook	32-05.25	1
6 Pike, Kamryn	Lexington	32-01.25	3
7 Graff, Ethan	McCook	32-01.00	1
8 Arevalo, Daniel	Lexington	31-11.75	3
9 Ellis, Kyle	Lexington	31-11.50	3
10 Carbajal, Eloy	McCook	x29-11.25	3
11 Englund, Andrew	Holdrege	29-08.25	2
12 Perks, Hunter	Cambridge	28-11.00	2
13 Berry, DeAndre	McCook	x28-10.00	1
14 Grossnicklaus, Carson	Southern Val	28-07.00	2
15 Barraza, Samir	Colby	28-04.50	2
16 Noel, Mason	Southern Val	27-00.00	2
17 Veal, Zane	Holdrege	26-10.00	1
18 Tavella, Tommi	Southern Val	26-08.00	2
19 Skiles-Nitche, Clemens	Holdrege	26-07.00	2
20 Fulmer, Connor	Holdrege	x26-06.25	2
21 Meyers, Tyson	Holdrege	x22-07.00	1
22 Cushman Cabrera, Andres	McCook	x20-04.50	1

Boys Discus Throw Junior Varsity

Name	Year School	Finals	H#
1 Russell, Carson	Hays	109-00	3
2 Garcia, Carson	McCook	94-01	1
3 Englund, Andrew	Holdrege	93-11	3
4 Carpenter, Layton	McCook	92-07	1
5 Conroy, Tucker	McCook	90-01	2
6 Ayer, Domonic	Cambridge	89-09	3
7 Perks, Hunter	Cambridge	87-10	3
8 Castellanos, Miguel	Lexington	85-07	3
9 Yauch, Brandon	Hays	82-10	3
10 Berry, DeAndre	McCook	x82-06	1

McCook Track & Field Invite - 4/1/2021

McCook High Track

Results

....Boys Discus Throw Junior Varsity

11 Mooney, Blazen	McCook	x80-10	2
12 Barraza, Samir	Colby	79-06	1
13 Carbajal, Eloy	McCook	x77-10	3
14 Tavella, Tommi	Southern Val	77-08	2
15 Arevalo, Daniel	Lexington	75-01	3
16 Fulmer, Connor	Holdrege	68-07	2
17 Grossnicklaus, Carson	Southern Val	66-05	2
18 Veal, Zane	Holdrege	65-10	1
19 Grove, Rian	Southern Val	65-00	2
20 Skiles-Nitche, Clemens	Holdrege	x63-05	2
21 Meyers, Tyson	Holdrege	x61-06	1
22 Hodge, Scott	McCook	x53-08	1
23 Vargas, Silvestre	Lexington	50-07	2

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Women - Varsity - Team Rankings - 17 Events Scored

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1) McCook	136	2) Holdrege	94
3) Hays	93.50	4) Lexington	89.50
5) Cambridge	41	6) Colby	40
7) Southern Valley (Oxford)	28		

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Men - Varsity - Team Rankings - 17 Events Scored

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1) McCook	146.50	2) Hays	145
3) Lexington	85.50	4) Holdrege	60
5) Southern Valley (Oxford)	34	6) Colby	29
7) Cambridge	22		